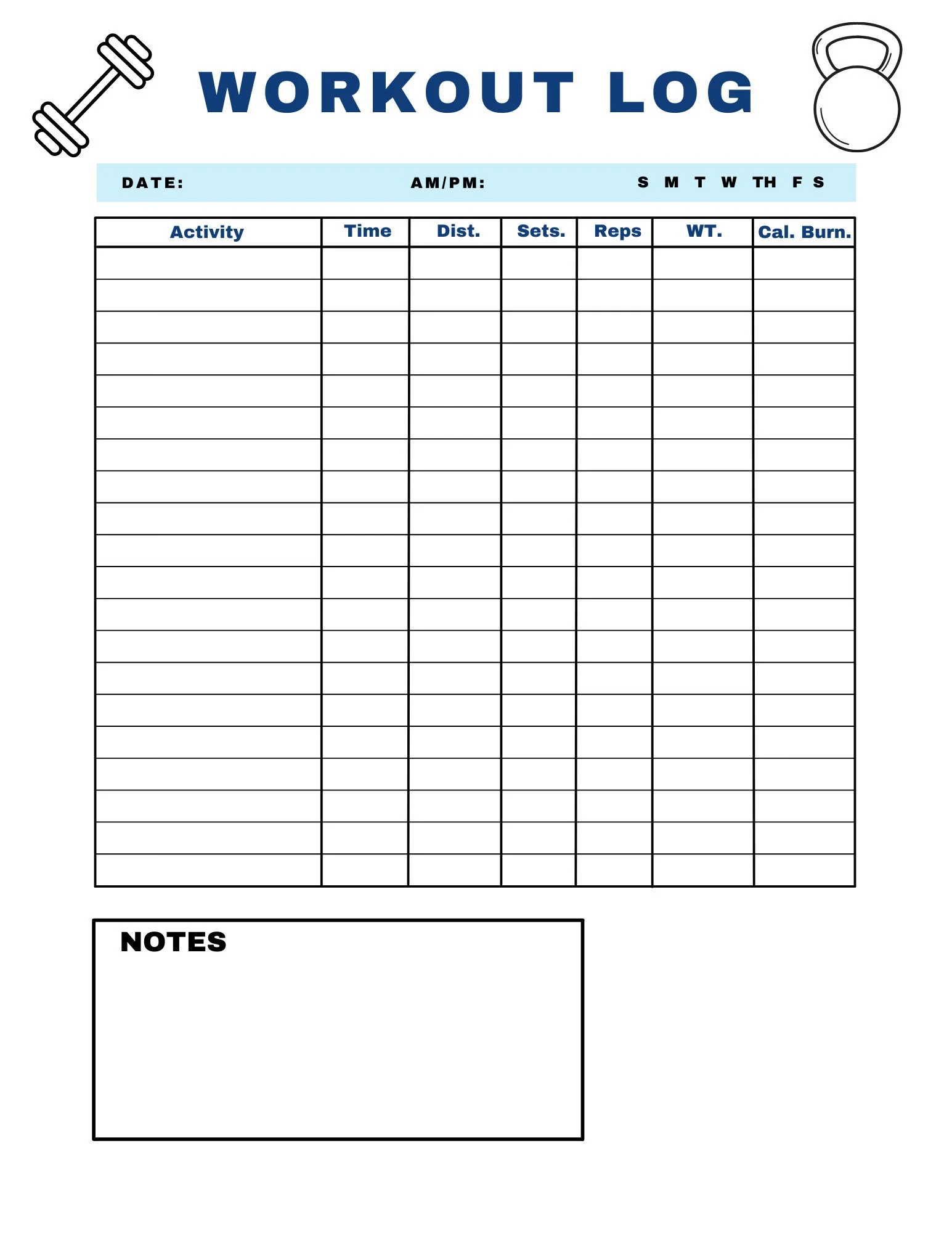
A close up of a sign

Description automatically generated

\*If possible, sync a wearable fitness device with the MyFitnessPal app to track calorie burns also.